

1000 meter

200m	R1	600m	R2	1000m	200m	R1	600m	R2	1000m
17	27	44	28	1.12	21	34.5	55.5	36.5	1.32
17	27.5	44.5	28.5	1.13	21	35	56	37	1.33
17.5	27.5	45	29	1.14	21.5	35.5	57	37	1.34
17.5	28	45.5	29.5	1.15	21.5	36	57.5	37.5	1.35
17.5	28.5	46	30	1.16	21.5	36.5	58	38	1.36
18	28.5	46.5	30.5	1.17	22	36.5	58.5	38.5	1.37
18	29	47	31	1.18	22	37	59	39	1.38
18.5	29	47.5	31.5	1.19	22.5	37.5	1.00	39	1.39
18.5	29.5	48	32	1.20	22.5	38	1.00.5	39.5	1.40
18.5	30	48.5	32.5	1.21	22.5	38.5	1.01	40	1.41
19	30	49	33	1.22	23	38.5	1.01.5	40.5	1.42
19	31	50	33	1.23	23	39	1.02	41	1.43
19.5	31	50.5	33.5	1.24	23.5	39.5	1.03	41	1.44
19.5	31.5	51	34	1.25	23.5	40	1.03.5	41.5	1.45
19.5	32	51.5	34.5	1.26	23.5	40.5	1.04	42	1.46
20	32.5	52.5	34.5	1.27	24	41	1.05	42	1.47
20	33	53	35	1.28	24	41.5	1.05.5	42.5	1.48
20.5	33.5	54	35	1.29	24.5	41.5	1.06	43	1.49
20.5	34	54.5	35.5	1.30	24.5	42	1.06.5	43.5	1.50
20.5	34.5	55	36	1.31	24.5	42.5	1.07	44	1.51

1500 meter

300	R1	700	R2	1100	R3	1500	300	R1	700	R2	1100	R3	1500
24	28	52	28.5	1.20.5	29.5	1.50	31	37	1.08	38.5	1.46.5	39.5	2.26
24.5	28.5	53	29	1.22	30	1.52	31.5	37.5	1.09	39	1.48	40	2.28
25	29	54	29.5	1.23.5	30.5	1.54	32	38	1.10	39	1.49	41	2.30
25.5	29	54.5	30	1.24.5	31.5	1.56	32	39	1.11	40	1.51	41	2.32
26	29.5	55.5	30.5	1.26	32	1.58	32.5	39.5	1.12	40.5	1.52.5	41.5	2.34
26	30	56	31.5	1.27.5	32.5	2.00	32.5	40.5	1.13	41	1.54	42	2.36
26.5	30.5	57	32	1.29	33	2.02	33	41	1.14	41.5	1.55.5	42.5	2.38
26.5	31	57.5	32.5	1.30	34	2.04	33.5	41.5	1.15	42	1.57	43	2.40
27	31.5	58.5	33	1.31.5	34.5	2.06	34	42	1.16	42.5	1.58.5	43.5	2.42
27.5	32	59.5	33.5	1.33	35	2.08	34.5	42.5	1.17	43	2.00	44	2.44
28	32.5	1.00.5	34	1.34.5	35.5	2.10	35	43	1.18	43.5	2.01.5	44.5	2.46
28.5	33	1.01.5	34.5	1.36	36	2.12	35	43.5	1.18.5	44	2.02.5	45.5	2.48
29	33.5	1.02.5	35	1.37.5	36.5	2.14	35.5	44	1.19.5	44.5	2.04	46	2.50
29	34.5	1.03.5	35.5	1.39	37	2.16	35.5	44.5	1.20	45	2.05	47	2.52
29.5	34.5	1.04	36.5	1.40.5	37.5	2.18	36	45	1.21	45.5	2.06.5	47.5	2.54
29.5	35.5	1.05	37	1.42	38	2.20	36.5	45.5	1.22	46	2.08	48	2.56
30	36	1.06	37.5	1.43.5	38.5	2.22	37	46	1.23	47	2.10	48	2.58
30.5	36.5	1.07	38	1.45	39	2.24	37.5	46.5	1.24	47.5	2.11.5	48.5	3.00